

April 17, 2017

**DIRECTIVE: JOB CORPS INFORMATION NOTICE 16-28**

**TO:** ALL JOB CORPS NATIONAL OFFICE STAFF  
ALL JOB CORPS REGIONAL OFFICE STAFF  
ALL JOB CORPS CENTER DIRECTORS  
ALL JOB CORPS CENTER OPERATORS  
ALL NATIONAL TRAINING AND SUPPORT CONTRACTORS  
ALL OUTREACH, ADMISSIONS, AND CTS CONTRACTORS  
ALL CENTER USERS

**FROM:** LENITA JACOBS-SIMMONS  
National Director  
Office of Job Corps

**SUBJECT:** Upcoming Observances Related to the Mental Health and Wellness Program

1. **Purpose.** To provide a list of observances related to the Mental Health and Wellness Program (MHWP) for the months of May 2017 through April 2018.
2. **Background.** Mental-health promotion and education activities provide an opportunity to engage the entire Job Corps center community in raising awareness of mental health. Like health promotion, mental-health promotion highlights the importance for students and staff to learn ways to maintain a healthy lifestyle which supports employability. This can help students and staff develop a positive attitude about mental health, reduce stigma and encourage them to seek assistance when needed.

These events also serve to fulfill the Policy and Requirements Handbook (PRH) requirements for the educational component of the MHWP [PRH 6.10, R3(c)]. Centers are encouraged to plan educational MHWP-focused events for students and staff around the mental health and related observances listed below:

Date	Observance	Web site
May	<b>Mental Health Month</b> Sponsor: Mental Health America	<a href="http://www.mentalhealthamerica.net/may">http://www.mentalhealthamerica.net/may</a>
July	<b>National Minority Mental Health Awareness Month</b> Sponsor: National Alliance on Mental Illness	<a href="http://www.nami.org/Get-Involved/Raise-Awareness/Awareness-Events/National-Minority-Mental-Health-Awareness-Month">http://www.nami.org/Get-Involved/Raise-Awareness/Awareness-Events/National-Minority-Mental-Health-Awareness-Month</a>
September	<b>National Recovery Month</b> Sponsor: Substance Abuse and Mental Health Services Administration (SAMHSA)	<a href="https://recoverymonth.gov/">https://recoverymonth.gov/</a>

Date	Observance	Web site
September 10-16	<b>National Suicide Prevention Week</b> Sponsor: American Association of Suicidology	<a href="http://www.suicidology.org/about-aas/national-suicide-prevention-week">http://www.suicidology.org/about-aas/national-suicide-prevention-week</a>
September 10	<b>World Suicide Prevention Day</b> Sponsors: International Association for Suicide Prevention and American Association of Suicidology	<a href="https://www.iasp.info/wspd/">https://www.iasp.info/wspd/</a>
September 21	<b>RAINN Day</b> Sponsor: Rape, Abuse & Incest National Network (RAINN)	<a href="http://www.rainn.org/rainnday">www.rainn.org/rainnday</a>
October	<b>Domestic Violence Awareness Month</b> Sponsor: National Coalition Against Domestic Violence	<a href="http://nnedv.org/getinvolved/dvam.html">http://nnedv.org/getinvolved/dvam.html</a>
October	<b>National Bullying Prevention Month</b> Sponsor: PACER Center, Inc.	<a href="http://www.pacer.org/bullying/nbpm/">http://www.pacer.org/bullying/nbpm/</a>
October 2-8	<b>Mental Illness Awareness Week</b> Sponsor: National Alliance on Mental Illness	<a href="http://www.nami.org/Get-Involved/Raise-Awareness/Awareness-Events/Mental-Illness-Awareness-Week">http://www.nami.org/Get-Involved/Raise-Awareness/Awareness-Events/Mental-Illness-Awareness-Week</a>
October 5	<b>National Depression Screening Day<sup>®</sup></b> Sponsor: Screening for Mental Health, Inc.	<a href="https://mentalhealthscreening.org/programs/ndsd">https://mentalhealthscreening.org/programs/ndsd</a>
October 10	<b>World Mental Health Day</b> Sponsor: World Health Organization	<a href="http://www.who.int/mental_health/world-mental-health-day/en/">http://www.who.int/mental_health/world-mental-health-day/en/</a>
November 18	<b>International Survivors of Suicide Day</b> Sponsor: American Foundation for Suicide Prevention	<a href="https://afsp.org/find-support/ive-lost-someone/survivor-day/">https://afsp.org/find-support/ive-lost-someone/survivor-day/</a>
February 2018	<b>Teen Dating Violence Awareness Month</b> Sponsor: Break the Cycle	<a href="http://www.breakthecycle.org/">http://www.breakthecycle.org/</a> <sup>1</sup>
February 2018	<b>National Eating Disorders Week</b> Sponsor: National Eating Disorders Association	<a href="http://nedawareness.org/">http://nedawareness.org/</a> <sup>2</sup>
April 2018	<b>Sexual Assault Awareness Month</b> Includes 2018 Date TBD: Sexual Assault Awareness Month Day of Action Sponsor: National Sexual Violence Resource Center	<a href="http://www.nsvrc.org/saam">http://www.nsvrc.org/saam</a> <a href="http://www.nsvrc.org/saam/about/day-of-action">http://www.nsvrc.org/saam/about/day-of-action</a>

<sup>1,2,3</sup> Dates and information for 2018 observances will be available on the sponsor's website when announced.

Date	Observance	Web site
April 2018 (Date TBD)	<b>National Youth Violence Prevention Week</b> Sponsor: National Association of SAVE	<a href="http://nationalsave.org/event/national-youth-violence-prevention-week/">http://nationalsave.org/event/national-youth-violence-prevention-week/</a>
April 2018 (Date TBD)	<b>National Sleep Awareness Week</b> ® Sponsor: National Sleep Foundation	<a href="https://sleepfoundation.org/SAW">https://sleepfoundation.org/SAW</a>

3. Action. Centers are encouraged to plan MHWP-related events throughout the year. If available, photos of the event should be submitted to Julie Luht at [julie.luht@humanitas.com](mailto:julie.luht@humanitas.com) for inclusion in future health-and-wellness publications.

Addressees are to ensure this Information Notice is distributed to all appropriate staff.

4. Expiration Date. Until superseded.

5. Inquiries. Inquiries should be directed to Johnetta Davis at (202) 693-8010 or via email at [davis.johnetta@dol.gov](mailto:davis.johnetta@dol.gov).