**Sample Accommodations for Mood Disorders**

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| **Dealing with Emotions** |
| Accommodation:* TABE Testing
 | Specific Accommodations/Comments:* Small group setting
* Extended time
* Frequent breaks
	+ Allow student to take breaks during exams
 |
| * Other Testing
 | * Small group setting
* Extended time
* Frequent breaks
	+ Allow student to take breaks during exams
 |
| * Environmental
 | * Pass
	+ Student can have a pass visit Wellness as needed
 |
| * Behavioral
 | * Time-out/break area
* Positive behavior supports
	+ Encourage the student when they are doing well
 |

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| **Handling Stress** |
| Accommodation:* TABE Testing
 | Specific Accommodations/Comments:* Small group setting
* Frequent breaks
	+ Allow student to take breaks during exams
 |
| * Other Testing
 | * Small group setting
* Frequent breaks
	+ Allow student to take breaks during exams
 |
| * Environmental
 | * Pass
	+ Student can have a pass visit Wellness as needed
	+ Student may move to a quiet work space
 |
| * Behavioral
 | * Time-out/break area
	+ Staff and student should establish a cue to signal the need for a break
* Student/staff cues for need of time-out or break or to re-direct often
* Positive behavior supports
	+ Encourage the student when they are doing well
	+ Communicate one to one with student
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| * Personal Supports
 | * Support animal
 |
| * Assistive Technology
 | * Other
	+ Stress Management apps
	+ Stress balls and other fidgets
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| * Instructional/Assignments
 | * Extended time for assignment completion
* Increased wait time for responses
* Movement breaks
* Reduced content
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| **Interacting with Coworkers** |
| Accommodation:* Behavioral
 | Specific Accommodations/Comments:* Time-out/break area
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| **Complying with Behavior and Conduct Rules** |
| Accommodation:* Behavioral
 | Specific Accommodations/Comments:* Verification of understanding of expectations, rules, consequences
	+ Provide clear expectations concerning behavior and conduct
* Feedback on progress
	+ Provide quick and clear feedback when a conduct problem arises
	+ Provide concrete examples of what is considered appropriate and inappropriate when a problem arises
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***Reminder: Documentation of disability is required to support each accommodation provided. Accommodation Plans must be individualized to meet the specific needs of each student with a disability.***