**Sample Accommodations for Mood Disorders**

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| **Dealing with Emotions** | |
| Accommodation:   * TABE Testing | Specific Accommodations/Comments:   * Small group setting * Extended time * Frequent breaks   + Allow student to take breaks during exams |
| * Other Testing | * Small group setting * Extended time * Frequent breaks   + Allow student to take breaks during exams |
| * Environmental | * Pass   + Student can have a pass visit Wellness as needed |
| * Behavioral | * Time-out/break area * Positive behavior supports   + Encourage the student when they are doing well |

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| **Handling Stress** | |
| Accommodation:   * TABE Testing | Specific Accommodations/Comments:   * Small group setting * Frequent breaks   + Allow student to take breaks during exams |
| * Other Testing | * Small group setting * Frequent breaks   + Allow student to take breaks during exams |
| * Environmental | * Pass   + Student can have a pass visit Wellness as needed   + Student may move to a quiet work space |
| * Behavioral | * Time-out/break area   + Staff and student should establish a cue to signal the need for a break * Student/staff cues for need of time-out or break or to re-direct often * Positive behavior supports   + Encourage the student when they are doing well   + Communicate one to one with student |
| * Personal Supports | * Support animal |
| * Assistive Technology | * Other   + Stress Management apps   + Stress balls and other fidgets |
| * Instructional/Assignments | * Extended time for assignment completion * Increased wait time for responses * Movement breaks * Reduced content |

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| **Interacting with Coworkers** | |
| Accommodation:   * Behavioral | Specific Accommodations/Comments:   * Time-out/break area |

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| **Complying with Behavior and Conduct Rules** | |
| Accommodation:   * Behavioral | Specific Accommodations/Comments:   * Verification of understanding of expectations, rules, consequences   + Provide clear expectations concerning behavior and conduct * Feedback on progress   + Provide quick and clear feedback when a conduct problem arises   + Provide concrete examples of what is considered appropriate and inappropriate when a problem arises |

***Reminder: Documentation of disability is required to support each accommodation provided. Accommodation Plans must be individualized to meet the specific needs of each student with a disability.***