**Sample Accommodations for Personality Disorders**

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| **Dealing with Emotions** | |
| Accommodation:   * TABE Testing | Specific Accommodations/Comments:   * Frequent breaks * Extended time |
| * Other Testing | * Frequent breaks * Extended time |
| * Personal Supports | * Service or assistance animal |
| * Instructional/Assignments | * Movement breaks   + Allow the student to take breaks as needed |
| * Environmental | * Pass   + Allow student to have a pass to wellness and to call health care providers * Modified schedule   + Allow for off-center medical appointment   + Allow telephone calls to health care providers during workday * Dormitory related   + Single room |
| * Behavioral | * Time-out/break area |
| * Assistive Technology | * Other   + Stress management apps   + Social Stories apps   + Stress balls and other fidgets |

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| **Handling Stress** | |
| Accommodation:   * TABE Testing | Specific Accommodations/Comments:   * Frequent breaks * Extended time |
| * Other Testing | * Frequent breaks * Extended time |
| * Personal Supports | * Support animal |
| * Instructional/Assignments | * Movement breaks   + Allow the student to take breaks as needed   + Break large projects/assignments into smaller sections |
| * Environmental | * Pass   + Allow student to have a pass to Wellness * Modified schedule   + Allow for off-center medical appointment   + Allow telephone calls to health care providers during workday * Dormitory related   + Single room |
| * Behavioral | * Time-out/break area |
| * Assistive Technology | * Other   + Stress Management apps   + Stress balls and other fidgets |

| **Interacting with Coworkers** | |
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| Accommodation:   * Personal Supports | Specific Accommodations/Comments:   * Buddy/Mentor |
| * Environmental | * Modified schedule   + Provide job restructuring to reduce or increase face to face interaction |
| * Behavioral | * Time-out/break area |

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| **Accepting Supervision** | |
| Accommodation:   * Instructional/Assignments | Specific Accommodations/Comments:   * Verification of understanding of instructions, rules, assignments |
| * Organizational | * Planners   + Support the student in scheduling * Other   + Assist the student in creating long and short term goals |
| * Behavioral | * Rules/expectations in accessible format   + Provide written rules and expectations * Positive behavioral support   + Provide positive praise and reinforcement |

***Reminder: Documentation of disability is required to support each accommodation provided. Accommodation Plans must be individualized to meet the specific needs of each student with a disability.***