**CCMP Guidelines for CPP: HIV INFECTION/AIDS**

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| **GOALS** | | 1. Enhanceemployability by optimizing control of HIV Infection/AIDS symptoms. 2. Educate the student regarding recognition of symptoms and self-management. 3. Optimize pharmacotherapy and immunizations utilizing national guidelines. 4. Implement regularly scheduled follow-up visits. |
| **Yes** | **No** | **Career Preparation Period** |
|  |  | Inform and counsel student regarding positive HIV status |
|  |  | Functional evaluation — physical |
|  |  | Functional evaluation — mental health |
|  |  | Establish an HIV infection case management plan for student |
|  |  | Inform and counsel student regarding notification of contacts |
|  |  | Report to state and local health departments (new cases only) |
|  |  | Conduct clinical evaluation |
|  |  | Refer to comprehensive HIV Infection/AIDS Program, if available |
|  |  | Routine medical evaluations every 3 to 6 months |
|  |  | Laboratory evaluation every 3 months or as indicated |
|  |  | Monitor adherence with medication regimen |
|  |  | Begin routine dental care immediately |
|  |  | Assess vocational training match |
|  |  | Provide additional immunizations as recommended by CDC |
|  |  | Educate student about potential HIV/AIDS complications:   |  |  |  | | --- | --- | --- | | **Infections common to HIV/AIDS** | **Cancers common to HIV/AIDS** | **Other complications** | | * Tuberculosis (TB) * Salmonellosis * Cytomegalovirus (CMV) * Candidiasis * Cryptococcal meningitis * Toxoplasmosis * Cryptosporidiosis | * Kaposi's sarcoma * Lymphomas | * Wasting syndrome * Neurological complications * Kidney disease | |
|  |  | Educate student about lifestyle choices:   * Weight management * Encourage fruits, vegetables, low fat milk, increased fiber * Avoid soda and fruit juices * Encourage aerobic physical activity (30 minutes per day, 5 days per week) * Avoid sedentary lifestyle (limit TV and other screen time) * Limit alcohol use |
|  |  | Educate student on HIV/AIDS management as it relates to employment |