CCMP Guidelines for CPP: SEIZURE DISORDER

|  |  |
| --- | --- |
| **GOALS** | 1. Enhance employability by optimizing control of seizures.
2. Educate the student regarding recognition of symptoms and self-management.
3. Reduce expose to risk of injury should a seizure occur.
4. Optimize anticonvulsant therapy.
5. Implement regularly scheduled follow-up visits.
 |
| **Yes** | **No** | **Career Preparation Period** |
|  |  | Establish an Seizure Disorder Action Plan for student |
|  |  | Monitor anticonvulsant medication therapy |
|  |  | Offer the student a Medical Identification bracelet/necklace/anklet |
|  |  | Visits every 2-3 months if seizure-free |
|  |  | Assess vocational training match |
|  |  | Mandatory TUPP/smoking cessation enrollment (if applicable) |
|  |  | Annual influenza vaccination in October or November or upon entry |
|  |  | Emergency response plan including first aid for seizures |
|  |  | Education student on seizure disorder precautions regarding transportation:No driving unless seizures well controlled for an interval specified by state DMVWear bicycle helmets and protective gearStay clear of the platform edge when using public transportation |
|  |  | Education student on seizure disorder precautions regarding bathroom safety:Showering instead of bathingShatterproof glass in shower doorsShatterproof bottles (shampoo etc.)No electrical equipment near waterNon-skid strips in shower stall |
|  |  | Educate student on seizure disorder precautions regarding kitchen safety:Cook with a partnerUse back burners of the stove to prevent burnsUse shatterproof containersLimit use of knives and other sharp kitchen utensils |
|  |  | Educate student about lifestyle choices:Weight managementEncourage fruits, vegetables, low fat milk, increased fiberAvoid soda and fruit juicesEncourage aerobic physical activity (30 minutes per day, 5 days per week)Avoid sedentary lifestyle (limit TV and other screen time)Avoid smokingLimit alcohol use |
|  |  | Educate student on seizure disorder management as it relates to employment |