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| --- | --- | --- | --- | --- | --- | --- |
| Student Name: | | | | | | |
| Sex: M or F | | Date of Birth: | | | Date of Entry: | |
| Co-Morbid Conditions: | | | | | | |
| Medications: | | | | | | |
| Height: | | | | | Initial Weight: | |
| Initial BMI: | | | Goal BMI: | | Goal Weight: | |
| Weigh-in Frequency: Weekly Biweekly Monthly (circle one) | | | | | | |
| Date | BloodPressure | | | Weight | Weight Change +/- | BMI |
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