**SYMPTOMATIC MANAGEMENT GUIDELINES FOR NON-HEALTH STAFF**

**ORAL PAIN**

Authorized non-health staff may make available for students with oral pain the following selection:

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| **Analgesic Recommendation** |
| For the first 24 hours\*, a single dose of ibuprofen 600 mg at fixed intervals every 6 hours as needed for pain.  *Then if the student still has pain and has not been seen by Health and Wellness staff*  Single dose of ibuprofen 400 mg as needed for pain at fixed intervals every 4 hours |

**\*For adults, the maximum dosage of ibuprofen is 800 milligrams per dose or 3,200 milligrams per day.**

Advise students that they should be taken with food or a beverage.

Reference: American Dental Association Dental Drug Handbook: A Quick Reference (2019)

**WHEN TO REFER**

* Refer all students with oral pain to the Health and Wellness Center to be seen next available open hours.
* If the pain worsens and is not managed with the analgesic regimen, contact the Health and Wellness Manager before next available open hours.