# Career Preparation Period (CPP) Icebreaker Ideas

## Introduction

The following are icebreaker ideas to use at the beginning of your CPP presentation.

# ICEBREAKER IDEAS

Icebreakers are facilitation techniques which can help the students relax and feel more comfortable. In this case, they are also designed to demonstrate to them that you are approachable and can be helpful. The potential icebreakers listed below are brief and easy to do without much preparation. You are encouraged to find way to make it as light-hearted and humorous as possible.

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| **Little Known Fact**  Students share an unusual or funny fact about themselves.  You encourage them to keep it upbeat and funny. | **What Do You Want to Know?**  Have students write down on an index card what they want to know about the TEAP or about Job Corps. Collect the cards and answer the questions either before or throughout the presentation. |
| **End the Sentence**  Write the start of a question on the board (e.g., My favorite show is ..., My favorite food is…, My hobby is…) and go around the room with each person finishing the sentence. When the group is finished, post another question and start again. | **Just Ask the Group a Few Questions**   1. What is the best advice you have ever been given? 2. What is your dream job? 3. What is your favorite mythological or magical animal? 4. What’s your favorite food? 5. How long do you think you could live without technology (e.g., smartphone)? |
| **Other Suggestions**  Bring incentives and hand them out when students answer questions correctly. Incentives can be items such as water bottles, key chains, info cards about TEAP or fidgets but could also be something as easy as candy or gum. |  |