**TEAP Intervention Group Notes**

NAME: \_JEROME SANCHEZ\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB: \_\_03/24/1998\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DATE OF GROUP: 03/14/2020

TOPIC CONTENT: Group focused on review on the required intervention services as this was the first intervention group. Concepts such as relapse prevention, triggers, abstinence and motivational strategies were introduced. The importance of a drug-free lifestyle was emphasized and drug use as a barrier to employment discussed. Motivation interviewing strategies were utilized to enhance student’s motivation to remain drug-free and complete the intervention period. The handout called “Relapse Prevention Plan” was distributed and will be worked on over the next three groups.

STUDENT’S RESPONSE TO INFORMATION AND PLAN: Student reported he was craving marijuana and having a difficult time focusing but was at the rec department most afternoons and this was helping. He will continue to attend intervention groups and talk with TEAP specialist as needed.

LEVEL OF PARTICIPATION (circle one) POOR AVERAGE GOOD EXCELLENT

TEAP Specialist

TEAP SPECIALIST SIGNATURE

DATE OF GROUP: 3/21/2020

TOPIC CONTENT: Second intervention group focused on discussing possible triggers that could result in a lapse or relapse. Used the handout to begin listing relapse triggers.

STUDENT’S RESPONSE TO INFORMATION AND PLAN: Reported was having fewer craving and liked working out. Is drinking water. Will continue reaching out to others for support and see the TEAP specialist as needed.

LEVEL OF PARTICIPATION (circle one) POOR AVERAGE GOOD EXCELLENT

TEAP Specialist

TEAP SPECIALIST SIGNATURE

DATE OF GROUP: 3/28/2020

TOPIC CONTENT: Continued to work on relapse triggers as well as what steps to take to avoid using. Discussed coping skills needed. Motivational interviewing utilized.

STUDENT’S RESPONSE TO INFORMATION AND PLAN: Less interactive this group and said it was because was sleeping poorly. Agreed to check back with TEAP as needed.

LEVEL OF PARTICIPATION (circle one) POOR AVERAGE GOOD EXCELLENT

TEAP Specialist

TEAP SPECIALIST SIGNATURE