**TREATMENT GUIDELINES FOR HEALTH STAFF**

**Depo-Provera**

**(medroxyprogesterone contraceptive injection)**

Authorized health and wellness staff may administer Depo-Proverato a student as follows:

1. Student has been thoroughly counseled by the center physician and nursing staff regarding the benefits, risks, alternatives and side effects of using Depo-Provera, as well as the efficacy of the method and STI counseling.
2. To be certain that the patient is not pregnant administer the initial injection only during the first five days of a normal menstrual period.
3. Blood pressure and weight is documented in the student health record for each Depo-Provera visit.
4. Calcium and Vitamin D (600mg/200 units or 500mg/200units tablets) should also be prescribed for student twice daily.
5. Administer Depo-Provera 150 mg IM in either the deltoid or gluteus maximus every 12-14 weeks or administer Depo-subQ-Provera 104 mg subcutaneously into the anterior thigh or abdomen every 12-14 weeks.
6. Depo-Provera injections may be given earlier if needed – as often as 11 weeks apart.
7. Students who present for Depo-Provera more than 14 weeks since the last injection must have a urine pregnancy test performed to exclude pregnancy before administering the injection.

**WHEN TO REFER TO CENTER PHYSICIAN**

* Moderate to heavy vaginal bleeding
* Prolonged breakthrough spotting (> 7-10 days)
* Significant weight gain (>10-15 lbs)
* Significant loss of scalp hair or increase in body hair
* Onset or worsening episodes of migraine or severe headaches
* Positive urine pregnancy test