**TREATMENT GUIDELINES FOR HEALTH STAFF**

**LYME DISEASE**



Authorized health and wellness staff may treat clinically-confirmed Lyme disease as follows:

1. Administer doxycycline 100 mg po twice daily for 21 days **or** cefuroxime axetil 500 mg po twice daily for 21 days **or** amoxicillin 500 mg po three times daily for 21 days.
2. Instruct student to return for re-treatment if vomiting occurs within 4 hours of any dose.
3. Any student with the characteristic “bull’s eye” rash of erythema migrans should be treated presumptively, regardless of serologic testing results.
4. Instruct female students that Candida vaginitis may occur as a result of the 3-week course of antibiotic therapy. Refer to Treatment Guideline for Candida Vulvovaginitis if necessary.

**Note:** Lyme disease vaccine is no longer available.

**WHEN TO REFER TO THE CENTER PHYSICIAN**

* If the student has symptoms suggestive of neurologic involvement such as confusion, neck stiffness, blurred vision, or facial weakness
* If the student has signs of arthritis or carditis