# TREATMENT GUIDELINES FOR HEALTH STAFF

## OTITIS MEDIA

Authorized health and wellness staff may treat otitis media as follows:

1. Administer amoxicillin 875 mg po bid **or** 500 mg po tid for 10 days.
2. If allergic to penicillin, administer azithromycin 500 mg on day 1 and 250 mg on day 2 through day 5.
3. Instruct the student to return if ear pain or fever is not improved by day 3 of treatment or if pus begins to drain from the ear canal.
4. Offer the student acetaminophen 650-1000 mg every 4 hours [MDD 4 g] **or** ibuprofen 400-600 mg every 6 hours [MDD 2400 mg] as needed for pain.
5. Instruct female students that Candida vulvovaginitis may occur as a result of oral antibiotic therapy. (Refer to Candida Treatment Guideline)

**WHEN TO REFER TO THE CENTER PHYSICIAN**

* If the student has a perforated tympanic membrane
* If the student also has otitis externa