**TREATMENT GUIDELINES FOR HEALTH STAFF**

**SEXUAL ASSAULT**

Authorized health and wellness staff may treat to prevent sexually transmitted infection (STI) and pregnancy following a sexual assault as follows:

1. Forensic examination and laboratory testing should be conducted at the designated sexual assault site or Emergency Department prior to initiating treatment according to the center’s Sexual Assault Response Team (SART) protocol. Clothing and laboratory specimens should be secured while preserving chain-of-custody.
2. For STD prophylaxis: administer ceftriaxone 250 mg IM in a single dose, plus azithromycin 1 gram po in a single dose, plus metronidazole or tinidazole 2 grams po with fluids or snack in a single dose.
3. For hepatitis B prophylaxis: if the student’s hepatitis B vaccination status or immunity cannot be confirmed, administer the first dose of hepatitis B vaccine at the initial examination, and administer the second and third doses of hepatitis B vaccine at appropriate intervals. Hepatitis B immune globulin (HBIG) is not indicated unless the assailant is known to be HBsAg positive.
4. For HIV prophylaxis: assess risk for HIV infection in assailant and consider offering antiretroviral post exposure prophylaxis according to the latest Centers for Disease Control (CDC) recommendations: MMWR Recomm Rep. Jan 21, 2005;54(RR-2):1-28. Center physicians may also seek expert consultative services from the National Clinician’s Postexposure Prophylaxis Hotline (PEP line) at 888-448-4911, available from 9 a.m. to 9 p.m. ET, seven days a week.
5. For pregnancy prevention: offer the student at risk emergency contraception with levonorgestrel 1.5 mg, administered po once, as soon as possible, but no later than 120 hours after the assault.
6. Initiation or completion of the HPV vaccination series is recommended for all victims of sexual assault.
7. Instruct student to return for re-treatment if vomiting occurs within 4 hours of any dose of oral medication.
8. Caution student to avoid alcohol ingestion during metronidazole or tinidazole therapy and for 48 hours after the last dose.
9. Schedule retesting for STDs following CDC recommended intervals, if initial test results were negative.

**Reference:**  <https://www.cdc.gov/std/tg2015/sexual-assault.htm>

**WHEN TO REFER TO THE CENTER PHYSICIAN AND MENTAL HEALTH CONSULTANT**

* All students who have experienced sexual assault