

March 2, 2010

<b>DIRECTIVE:</b>	<b>JOB CORPS INFORMATION NOTICE NO. 09-70</b>
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**TO:** ALL JOB CORPS NATIONAL OFFICE STAFF  
ALL JOB CORPS REGIONAL OFFICE STAFF  
ALL JOB CORPS CENTER DIRECTORS  
ALL JOB CORPS CENTER OPERATORS  
ALL NATIONAL TRAINING AND SUPPORT CONTRACTORS  
ALL OUTREACH, ADMISSIONS, AND CTS CONTRACTORS

**FROM:** LYNN A. INTREPIDI  
Interim National Director  
Office of Job Corps

**SUBJECT:** Re-airing of Motivational Interviewing Webcast

1. Purpose. To inform the Job Corps community that the Motivational Interviewing Webcast previously scheduled on Thursday, February 25, 2010 from 12:00 p.m. to 1:30 p.m. EST will be repeated at the same time on Thursday, March 4, 2010.

2. Background. Motivational interviewing (MI) refers to a counseling approach that recognizes and accepts the fact that people – students in the case of Job Corps – who need to make changes in their lives view counseling from different levels of readiness to change their behavior. MI is non-judgmental, non-confrontational, and non-adversarial. The approach attempts to increase a person’s awareness of the problems caused, consequences experienced, and risks faced as a result of the behavior in question. The MI skill can be learned and utilized by Job Corps staff at all levels. The Job Corps health and wellness staff was introduced to the concept of MI at the 2009 National Health and Wellness Conference. The training was well received, and the National Office of Job Corps is interested in integrating the concept into every aspect of the Job Corps program.

Although the concept of MI got its start in the mental health and substance abuse arena, it is currently being adapted to other settings (e.g., weight loss programs, chronic illness management, academic and career counseling). The U.S. Department of Health and Human Services (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA) is offering a free webcast titled “Guiding People Toward Change: Motivational Interviewing” on Thursday, March 4, 2010 from 12:00 p.m. to 1:30 p.m. EST.

The webcast will focus on using MI in relation to homelessness. Although this subject is not the major focus of Job Corps, the webinar provides the spirit and the technique – or what has

been described as “practicing kindness with skill.” This webcast will explore what is meant by the spirit of MI, why it is essential, and how Job Corps can potentially embrace and embody this spirit more fully to enhance services to our students.

3. Action.

- a. Job Corps staff may access the March 4, 2010 webcast at <http://center4si.com/learning/>. Under Available Courses, click on **Enroll me in this course** under HRC Free Webcast Series: Guiding People Toward Change: The Spirit of Motivational Interviewing.
- b. If you registered for the previous webcast, you need not re-register but you should log in early to avoid being locked out, as many were last week.
- c. Staff should view the training in groups to reduce the number of logins and allow more people to participate.
- d. If you are still unable to join the webcast, a transcript of the event and an audio/video recording will be posted on Friday, March 5, 2010 on the Homeless Resource Center’s training page: <http://homeless.samhsa.gov/Resource/HRC-Webcast-Resources-Guiding-People-Toward-Change-The-Spirit-of-Motivational-Interviewing-47974.aspx>.
- e. E-mail Carol Abnathy ([abnathy.carol@dol.gov](mailto:abnathy.carol@dol.gov)) with recommendations on how MI can be used in Job Corps.

Addressees are to ensure that this Information Notice is distributed to all appropriate staff.

4. Expiration Date. March 4, 2010.

5. Inquiries. For technical assistance on the day of the webcast, contact the organizers of this event at (617) 467-6014. All other inquiries should be directed to Carol Abnathy at (202) 693-3283 or [abnathy.carol@dol.gov](mailto:abnathy.carol@dol.gov), or Johnetta Davis at (202) 693-8010 or [davis.johnetta@dol.gov](mailto:davis.johnetta@dol.gov).