**Sample Accommodations for Attention-Deficit/Hyperactivity Disorder (ADHD)**

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| **Time Management** |
| Accommodation:* Instructional/Assignments
 | Specific Accommodations/Comments:* Break large projects/assignments into smaller sections
 |
| * Organizational
 | * Checklists
	+ Provide student with assignment and daily task checklists
* Planner
	+ Assist the student in developing a color coded system in a daily planner
 |
| * Environmental
 | * Dormitory-related
	+ Allow the student to post a wall calendar
 |
| * Assistive Technology
 | * Other
	+ Timer (phone, stop watch, etc.)
	+ Time management phone apps
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| **Memory** |
| Accommodation:* TABE Testing
 | Specific Accommodations/Comments:* Read directions
* Repeat directions
* Extended time
 |
| * Other Testing
 | * Read directions to students
 |
| * Instructional/Assignments
 | * Instructional supports
	+ Provide written directions/instructions
	+ Provide verbal or pictorial cues
 |
| * Organizational
 | * Graphic Organizers
* Checklists (e.g., dorms tasks, daily tasks, assignment checklist)
* Pocket Notebook
* Planner
 |
| * Assistive Technology
 | * Memory and Organizational phone apps
* Electronic calendar and reminders
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| **Concentration** |
| Accommodation:* TABE Testing
 | Specific Accommodations/Comments:* Small group setting
* Extended time
 |
| * Other Testing
 | * Small group setting
* Other
	+ Allow student to wear noise reduction headphones
 |
| * Environmental
 | * Distraction free space
	+ Seat in the front of the class
* Headphones
	+ Allow student to wear noise reduction headphones
* Dormitory-related
	+ Allow white-noise machine in dorm
	+ Minimize the number of roommates, or provide a single room
 |
| * Behavioral
 | * Student/staff cues for need of time-out or break or to re-direct often
 |
| * Assistive Technology
 | * White noise or noise cancellation cell phone apps
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| **Organization and Prioritization** |
| Accommodation:* Personal Supports
 | Specific Accommodations/Comments:* Buddy/mentor
	+ Assign person to assist student in creating priorities and support with organization
 |
| * Organizational
 | * Graphic Organizers
* Checklists
	+ Provide student with checklists of daily tasks, dorm tasks, and assignment checklists
	+ Use a weekly chart to assist student in keeping track of work activities
* Other
	+ Wall calendar
 |
| * Assistive Technology
 | * Organizational phone apps
* Electronic calendar and reminders
* Sticky notes
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| **Social Skills** |
| Accommodation:* Personal Supports
 | Specific Accommodations/Comments:* Buddy/Mentor
	+ Assign a staff or peer mentor that exhibits appropriate social behaviors
* Other
	+ Make attendance at social activities optional
	+ Use roleplay or scenarios to demonstrate appropriate behavior to the student
 |
| * Communication
 | * Other
	+ Adjust method of communication to best suit the students’ needs
 |
| * Assistive Technology
 | * Other
	+ Provide student with videos of adults/students exhibiting appropriate behaviors in the Job Corps and work environment
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| **Hyperactivity/Impulsivity** |
| Accommodation:* Instructional/Assignments
 | Specific Accommodations/Comments:* Movement breaks
* Break large projects/assignments into smaller sections
* Provide teacher note/key points from board/presentation
* Copies of notes
* Study Guides
 |
| * TABE Testing
 | * Frequent breaks
* Extended time - 1.5 times
* Shorter but more frequent testing periods
 |
| * Other Testing
 | * Frequent breaks
* Extended time - 1.5 times
* Multiple testing periods
 |
| * Environmental
 | * Adaptive seating/furniture/workspace
	+ Provide a workspace where the student can move without distracting others
 |
| * Assistive Technology
 | * Other
	+ Set reminders on phone to take breaks for 5 minutes every hour
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| **Multi-tasking** |
| Accommodation:* Instructional/Assignments
 | Specific Accommodations/Comments:* Verification of understanding instructions, rules, assignments
	+ Write out information and review one on one with the student
* Instructional supports
	+ Communicate one on one with the student and assist with breaking down tasks
 |
| * TABE Testing
 | * Small group setting
	+ Extended time
 |
| * Other Testing
 | * Small group setting
	+ Extended time
 |
| * Organizational
 | * Planners
	+ Provide the student with a planner to organize tasks. Identify tasks that must be done individually, and tasks that can be performed simultaneously
* Checklists
	+ Provide student with assignment and daily task checklists
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***Reminder: Documentation of disability is required to support each accommodation provided. Accommodation Plans must be individualized to meet the specific needs of each student with a disability.***