**CCMP Guidelines for CPP: HIV INFECTION/AIDS**

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| **GOALS** | 1. Enhanceemployability by optimizing control of HIV Infection/AIDS symptoms.
2. Educate the student regarding recognition of symptoms and self-management.
3. Optimize pharmacotherapy and immunizations utilizing national guidelines.
4. Implement regularly scheduled follow-up visits.
 |
| **Yes** | **No** | **Career Preparation Period** |
|  |  | Inform and counsel student regarding positive HIV status |
|  |  | Functional evaluation — physical |
|  |  | Functional evaluation — mental health |
|  |  | Establish an HIV infection case management plan for student |
|  |  | Inform and counsel student regarding notification of contacts |
|  |  | Report to state and local health departments (new cases only) |
|  |  | Conduct clinical evaluation  |
|  |  | Refer to comprehensive HIV Infection/AIDS Program, if available |
|  |  | Routine medical evaluations every 3 to 6 months |
|  |  | Laboratory evaluation every 3 months or as indicated |
|  |  | Monitor adherence with medication regimen |
|  |  | Begin routine dental care immediately |
|  |  | Assess vocational training match |
|  |  | Provide additional immunizations as recommended by CDC |
|  |  | Educate student about potential HIV/AIDS complications:

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| **Infections common to HIV/AIDS** | **Cancers common to HIV/AIDS** | **Other complications** |
| * Tuberculosis (TB)
* Salmonellosis
* Cytomegalovirus (CMV)
* Candidiasis
* Cryptococcal meningitis
* Toxoplasmosis
* Cryptosporidiosis
 | * Kaposi's sarcoma
* Lymphomas
 | * Wasting syndrome
* Neurological complications
* Kidney disease
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|  |  | Educate student about lifestyle choices: * Weight management
* Encourage fruits, vegetables, low fat milk, increased fiber
* Avoid soda and fruit juices
* Encourage aerobic physical activity (30 minutes per day, 5 days per week)
* Avoid sedentary lifestyle (limit TV and other screen time)
* Limit alcohol use
 |
|  |  | Educate student on HIV/AIDS management as it relates to employment |