**SYMPTOMATIC MANAGEMENT GUIDELINES FOR NON-HEALTH STAFF**

# DIARRHEA AND NAUSEA

Authorized non-health staff may manage diarrhea, nausea, and vomiting as follows:

1. Ask about the frequency of nausea, vomiting and diarrhea. Also ask about abdominal pain, fever, or the presence of blood in the stools or vomitus.
2. If the student reports abdominal pain, refer to Symptomatic Management Guidelines for Abdominal Pain.
3. Check the student’s temperature and if > 100°F, offer the student acetaminophen 650 to 1000 mg orally every 4 hours [MDD 4 g] as needed.
4. Offer clear fluids for the student to take frequently in small quantities.
5. Refer to the health and wellness center the next day.

## WHEN TO CONTACT THE ON-CALL HEALTH AND WELLNESS STAFF

* If the student’s temperature is >101°F
* If the student has persistent, severe abdominal pain
* If the student vomits more than twice in an hour or is not able to keep any liquids down
* If the student reports having blood in the stools or vomits blood