**SYMPTOMATIC MANAGEMENT GUIDELINES FOR NON-HEALTH STAFF**

**FRACTURES**

Authorized non-health staff may manage a possible fracture as follows:

1. Assess the area of injury but do not move the bones. If the bone protrudes through the skin the fracture is compound and needs immediate treatment. Cover the wound loosely with a dry sterile dressing. For compound limb fractures, splint the extremity across the joints above and below the fracture site. Transport the patient to the emergency department.
2. If the skin is not broken, but there is extensive bruising, bleeding under the skin or a firm, tender bulge surrounds the injury, a hematoma may be present. Apply an ice pack, elevate the limb, and immobilize the extremity across the joints above and below the fracture site. Call the clinician for further treatment.
3. If the injured bone is painful, tender or associated with muscle spasm, with normal motion but without swelling or bruising, immobilize, restrict activity of the extremity, and refer to the health and wellness center.
4. For pain, apply an ice pack, elevate the limb, and offer the student acetaminophen 650 to 1000 mg every 4 hours [MDD 4 g] **or** ibuprofen 400 to 600 mg every 6 hours [MDD 2400 mg].

# WHEN TO CONTACT THE ON-CALL HEALTH AND WELLNESS STAFF

* The health and wellness staff should be contacted in all cases of possible fracture