**SYMPTOMATIC MANAGEMENT GUIDELINES FOR NON-HEALTH STAFF**

**VOMITING**

Authorized non-health staff may manage vomiting as follows:

1. Ask about the frequency of nausea and vomiting. Also ask about abdominal pain, fever, or the presence of blood or bile in the vomitus.
2. Check the student’s temperature and if >100°F, offer the student acetaminophen 650-1000 mg every 4 hours [MDD 4 g] as needed and if tolerated.
3. Offer clear fluids for the student to take frequently in small quantities.  Start with an ounce of clear fluids every 15-30 minutes.

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## WHEN TO CONTACT THE ON-CALL HEALTH AND WELLNESS STAFF

* If the student’s temperature is >101°F
* If the student has persistent, severe abdominal or flank pain
* If the student complains of headache or neck stiffness
* If the student vomits more than twice in 30 minutes
* If the student is unable to keep down any fluids
* If the student reports vomiting blood or bile
* If the student appears dehydrated (parched lips, sunken eyes, lethargy or clammy skin, dizziness)
* If there is a suspicion of ingesting a toxic substance or poisoning
* If there is a history of recent head injury
* If the student is concerned that she might be pregnant
* If the student has urinary frequency or burning