**Treatment Guidelines for HEALTH STAFF**

**Dermatitis (Allergic/Contact)**

Authorized health and wellness staff may treat allergic or contact dermatitis as follows:

1. Determine the agent/exposure that triggered the rash (e.g., plants, soaps, lotions, jewelry, make-up, chemicals).
2. Instruct the student to avoid any further contact with the trigger.
3. Have the student wash all affected areas, as well as bedding and clothing that may contain the offending agent (e.g., oil from poison ivy or poison oak).
4. Apply hydrocortisone 1% cream to the rash twice per day until resolved if the rash is localized.
5. Administer diphenhydramine 25-50 mg po every 4-6 hours if there is itching. **Warning:** Diphenhydramine may cause sedation.
6. Alternative treatment with a non-sedating antihistamine such as loratadine 10 mg po or certrizine 10 mg po once a day may be considered.

**WHEN TO REFER TO THE CENTER PHYSICIAN**

* If the student is experiencing difficulty swallowing or breathing, call 911
* If the rash involves the student’s eyes or mucosal areas
* If the rash is not improved in 2 days
* If the rash spreads despite treatment