**TREATMENT GUIDELINES FOR HEALTH STAFF**

**FEVER**

Authorized health and wellness staff may treat fever as follows:

1. Obtain a history to identify infection, inflammation or other origin for the fever. If a source is determined, refer to the appropriate treatment guidelines.
2. If fever is less than 104°F with no specific origin, offer the student acetaminophen 1000 mg every 4 hours [MDD 4 g] **or** ibuprofen 400-600 mg every 6 hours [MDD 2400 mg] and re-evaluate within 24 hours. Encourage oral hydration.

# WHEN TO REFER TO THE CENTER PHYSICIAN

* If fever does not respond to acetaminophen or ibuprofen in appropriate dosage
* If fever is associated with altered mental status
* If fever is ≥101°F for more than 24 hours
* If fever rises > 104°F, refer within 1-2 hours
* If student is pregnant