**TREATMENT GUIDELINES FOR HEALTH STAFF**

**GENITAL HERPES INFECTION**

Authorized health and wellness staff may treat genital herpes infection as follows:

1. First clinical episode: administer valacyclovir 1 g po twice per day for 7-10 days **or** acyclovir 400 mg po three times per day for 7-10 days.
2. Recurrent episodes: administer valacyclovir 1 g po once per day for 5 days **or** acyclovir 800 mg po twice per day for 5 days, best if started within one day of onset.
3. Suppressive therapy to prevent recurrence (if > 6 episodes per year): administer valacyclovir 1 g po once daily **or** acyclovir 400 mg po twice per day. Reassess the need for continued prophylaxis by discontinuing therapy after 1 year.
4. Discuss contact(s) treatment, screening for other STDs as appropriate, health department reporting requirements, and prevention of STDs and pregnancy (offer condoms and contraception as appropriate).
5. Asymptomatic sex partners should be counseled but need not be treated.

**WHEN TO REFER TO THE CENTER PHYSICIAN**

* If the student has symptoms suggestive of another sexually transmitted infection
* If the student has HIV infection
* If the student is pregnant
* If the student needs suppressive therapy