**TREATMENT GUIDELINES FOR HEALTH STAFF**

**SCABIES (Sarcoptes Scabiei)**

Authorized health and wellness staff may treat scabies as follows:

# 1. Pharmacologic regimens include:

* Permethrin 5% cream (Elimite) applied topically in a thin layer to the entire body from the neck down and washed off after 8-14 hours.

**OR**

* Ivermectin 200 µg/kg po once with food, repeated in 14 days.
* Oral antihistamines (diphenhydramine/Benadryl **or** hydroxyzine/Atarax, Vistaril) can be given to reduce itching. Cool baths (Aveeno) and topical 1% hydrocortisone cream topically may also relieve itching.
* Topical or systemic antibiotic therapy is indicated ONLY for secondary bacterial infection of excoriated lesions.

# Non-Pharmacologic regimens include:

* + Bedding and clothing recently worn should be decontaminated (either machine-washed in hottest water and machine-dried on hottest cycle for 20 minutes or dry-cleaned) or placed in a sealed plastic bag for 72 hours. Fumigation of living areas is **not** necessary.
  + The rash and itching are due to an allergic reaction and thus patients should be informed that these symptoms may persist for up to 2 weeks after treatment.
  + If patients are still symptomatic after 2 weeks, they may be retreated with an alternative regimen.
  + Sexual contacts should also be treated. Symptoms may take 30 days after exposure to develop.

**WHEN TO REFER TO THE CENTER PHYSICIAN**

If the above treatment fails to resolve the scabies infestation

If there is a need for other STD evaluation