**TREATMENT GUIDELINES FOR HEALTH STAFF**

**TRICHOMONIASIS**

Authorized health and wellness staff may treat confirmed trichomoniasis as follows:

1. Recommended regimen for women: Administer metronidazole 500 mg po twice daily for 7 days directly observed therapy with fluids or snack.
2. Recommended regimen for men: Administer metronidazole 2 g po once as single dose.
3. Alternative regimen for women and men: Administer tinidazole 2 g po once as a single dose.
4. Pregnant students who are symptomatic may be treated with metronidazole 2 g in a single oral dose. Metronidazole use during pregnancy is not associated with teratogenic or mutagenic effects in infants. Tinidazole should not be used during pregnancy or breastfeeding.
5. Instruct student to return for re-treatment if vomiting occurs within 4 hours of treatment.
6. Discuss contact(s) treatment, screening for other STIs as appropriate, health department reporting requirements, and prevention of STIs and pregnancy (offer condoms and contraception as appropriate).
7. Consider expedited partner therapy (EPT) if permitted by state law. A summary of state EPT laws can be found at: <http://www.cdc.gov/std/ept>.
8. Instruct student to abstain from sexual intercourse for 7 days and until all sex partners have been treated.
9. Note that oral metronidazole and tinidazole are the only effective drugs for the treatment of trichomoniasis, and that topical regimens are not effective.

**WHEN TO REFER TO THE CENTER PHYSICIAN**

* If vaginal symptoms or dysuria persist despite treatment