# TREATMENT GUIDELINES FOR HEALTH STAFF

## **ALCOHOL OR DRUG USE BEHAVIOR**

**Level 1: Student is responsive, and shows signs of alcohol or drug intoxication (e.g., stumbling, slurring words)**

Authorized health and wellness staff may treat possible alcohol or drug use behaviors as follows:

1. Bring the student to a private area for evaluation.
2. Determine if the student may have ingested alcohol or drugs by questioning the student and other staff and peer witnesses.
3. Assess for alcohol usage
4. Conduct an alcohol-screening test and urine drug screen on suspicion according to the standard operating procedure (SOP). All urine drug screens should be collected by authorized center staff while maintaining chain-of-custody according to the ePRH and SOP.
5. Perform an alcohol test to determine blood alcohol content (BAC) level using a medical breathalyzer or testing strips. Perform a second alcohol test within 15 minutes to determine if the BAC level is increasing. Continue to test until the BAC level is decreasing.
6. Any student under the influence of alcohol or drugs must be observed in security, residenital area, or the Health and Wellness Center (HWC) to ensure safety until symptoms have improved and the BAC level decreases.
7. If there is reasonable suspicion that a student is using drugs, complete the necessary documentation for a suspicion urine drug test based on the center’s SOP.

1. Ensure that the completed documentation is sent to HWC for inclusion in the student health record (SHR).

**Level 2: Student is responsive (awake and alert), and is showing extreme signs of drug or alcohol intoxication (e.g., excessive vomiting, cannot stand up, hyperactive, paranoid, and/or hallucinating)**

1. Bring the student to a private area for evaluation.
2. Determine if the student may have ingested alcohol or drugs by questioning student and witnesses.
3. Assess severity of symptoms. When in doubt about severity of symptoms, or if a student poses risk to others, alert emergency services immediately.
4. Assess for alcohol usage
5. Conduct an alcohol-screening test and urine drug screen on suspicion according to the SOP. All urine drug screens should be collected by authorized center staff while maintaining chain-of-custody according to the ePRH and SOP.
6. Perform an alcohol test to determine BAC level using a medical breathalyzer or testing strips. Perform a second alcohol test within 15 minutes to determine if the BAC level is increasing. Continue to test until the BAC level is decreasing.
7. If there is reasonable suspicion that a student is using drugs, complete the necessary documentation for a suspicion urine drug test based on the center’s SOP.
8. Ensure that the completed documentation is sent to HWC for inclusion in the SHR.

**Level 3: Student is unresponsive**

1. Call 911.
2. Assess airway, breathing, and circulation.
3. Implement first aid based on assessment.
4. If evidence of opioid overdose\*, administer Narcan according to protocol.

\* The following are indicators for opioid overdose. If these are present, refer to the Intranasal Narcan for Suspected Opioid Overdose Treatment Guideline:

* If the student is unresponsive to sternal rub
* If the student's lips and fingertips are turning blue
* If the student has pinpoint pupils
* If the student's breathing and heart rate have slowed or stopped
* If rescue breathing or chest compressions are needed
* If the student has a seizure/convulsion
* If there is physical evidence of injection drug use present

1. Documentation of observed behavior and interventions must be sent to the HWC for follow-up and inclusion in the SHR.

# WHEN TO REFER TO OTHER WELLNESS STAFF

* If there appears to be a developing pattern of alcohol misuse or abuse, refer to the TEAP specialist.
* If the student doesn’t seem to recognize the potentially serious nature of his/her intoxication, schedule a meeting with the center physician to discuss the episode, especially if there are any findings of damage to physical or emotional well being.
* If any depression or other emotional problems are evidenced, refer to the center mental health consultant to determine if any serious emotional problems need attention