**TREATMENT GUIDELINES FOR HEALTH STAFF**

**ORAL PAIN**

Authorized health and wellness staff may treat oral pain according to pain level as follows:

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| **Anticipated Pain Level** | **Analgesic Recommendation** |
| **Mild** | Single-agent ibuprofen\* 200 to 400 mg as needed for pain every 4 to 6 hours |
| **Mild to Moderate** | Single-agent ibuprofen 400 to 600 mg fixed interval every 6 hours for 24 hours  *then*  Single-agent ibuprofen 400 mg as needed for pain every 4 to 6 hours |
| **Moderate to Severe** | Ibuprofen 400 to 600 mg plus acetaminophen 500 mg fixed interval every 6 hours for 24 hours  *then*  Ibuprofen 400 mg plus acetaminophen 500 mg as needed for pain every 6 hours |

\*Ibuprofen should be taken with meals or a full glass of milk (or water).

Reference: American Dental Association Dental Drug Handbook: A Quick Reference (2019) accessed at: [ADA Dental Drug Handbook (archive.org)](https://ia803407.us.archive.org/29/items/zinga-zinga-lalala-adadendruhanquiref/zinga%20zinga%20lalala%20ada%26den%26dru%26han%26qui%26ref.pdf)

**WHEN TO REFER TO THE CENTER DENTIST**

* All students with oral pain