



In this Issue >>> National Nurses Week COVID-19 Vaccinations Center Happenings Health Observances Webinars

National Nurses Week

This year National Nurses Week began on May 6th and ended on May 12th, Florence Nightingale's birthday. This year's theme was "[Nurses: A Voice to Lead, A Vision for the Future Healthcare](#), and our Job Corps nurses have been the ones to lead our health and wellness centers through the ongoing COVID-19 pandemic.

This year was a year like no other due to COVID-19, and with the Job Corps Medical, Mental Health, TEAP, and Oral Health Protocols in place, many centers saw an increase in their workload, particularly the nursing and mental health staff.

In order to address this increase, the PRH updated staffing requirements for nurses and center mental health consultants (CMHCs) by converting the Health and Wellness Manager/Health Services Administrator title to Health and Wellness Director, increasing required staffing hours, and changing staffing qualifications.

Nurse Spotlight

The Missoulian recently recognized one of our own — Melissa Langfield, Health and Wellness Director, Trapper Creek JCC. Unfortunately, the article is behind a paywall, but the image below shows the article.

New PRH Change Notice

[PRH Change Notice 20-05 Policy and Requirements Handbook \(PRH\) Changes to Health and Wellness Staffing \(Exhibits 5-3 and 5-6\)](#)

Attachments: [20-05a](#), [20-05b](#)

Released: April 16, 2021



"I still can't believe how amazing the community is here and that I was recognized. I am so very grateful to have such an awesome job!" — Melissa Langfield

COVID-19 Vaccinations/Vaccine Clinics

Charleston JCC

Submitted by: Nolyn Fueller, President, Horizons Youth Services

The Charleston JCC made a formal request to the Kanawha-Charleston Health Department, which led to the assignment of Trivillians Pharmacy's providing COVID-19 vaccines to the center. The clinic was held on May 12, 2021 from 9 am to noon. Nikki Hamm, Pharmacist, and Zack Harris, student pharmacist, from Trivillians Pharmacy, were on site and distributed a total of 33 vaccinations — 23 students and 10 staff members.

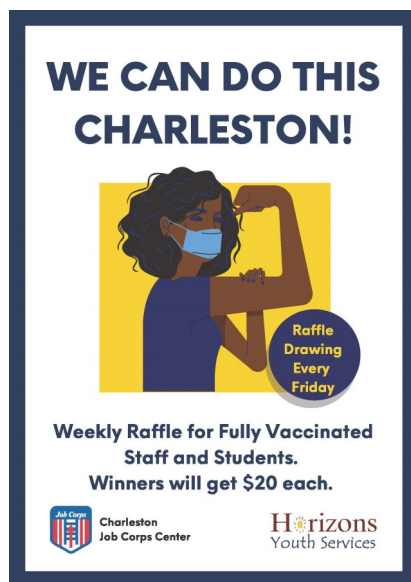
Jacob Fahringer, Training Director, created the schedule and manned the entrance stations to ensure all necessary documentation was provided. The second dose of the vaccine has been scheduled for June 3, 2021, at which time all participants will be fully vaccinated.



Charleston and Whitney M. Young JCCs

Submitted by: Nolyn Fueller, President, Horizons Youth Services

Horizon Youth Services (HYS) rolled out a new vaccination incentive for staff and students. A weekly raffle rewards five staff and five students every Friday. Staff rates and student rates are both above the national level, and both centers have hosted vaccination clinics. In addition, 2 hours of additional PTO time allowed staff to get vaccinated, with an additional PTO day for all staff who are fully vaccinated. HYS will continue to push and promote to reach the 70% level for both staff and students.



COVID-19 Vaccinations/Vaccine Clinics

Gary JCC

Submitted by: Stephanie Soileau, Health & Wellness Manager

On Saturday, April 10th, 2021 the Gary JCC gymnasium was transformed into a mass COVID vaccine clinic and was able to vaccinate 128 in our community, 60 of which were students. The gymnasium was open on Saturday from 9am to 4pm to vaccinate staff and students who were interested in receiving the vaccine. Wellness, in collaboration with Human Resources and Administration, was able to distribute flyers, send emails, and sign up using Genius in order to schedule all persons interested in the vaccine. An informational WebEx was provided by Lisa Emmendorfer, Center Nurse Practitioner, for staff and students to ask questions about the vaccine.

The Wellness Administrator collaborated with Officer Hector Rangel (Caldwell County Homeland Security & Emergency Management) to secure 27 vaccinators/staff through contractor DOC Health. The vaccine was secured through Texas Department of State Health Services. The center is attempting to secure more vaccines for a future vaccine clinic.



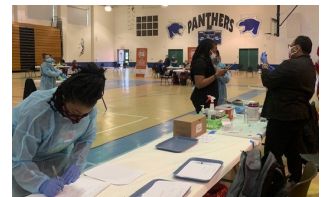
Check in entry



Students signing up for vaccine



Vaccine station #4



Provider preparing vaccine



First student vaccine



Waiting area post vaccine

Glenmont JCC

Submitted by: Erin Ferguson, Center Director

Center Vaccination Clinic

Glenmont JCC and the local sheriff department coordinated an on-center vaccination clinic for staff and students. The clinic was a great success, with 64% of staff and 50% of students vaccinated due to a center wide effort and working with their community partners.

Vaccination Buddy

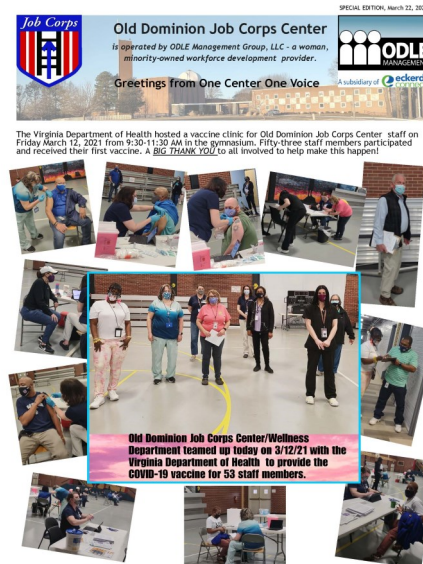
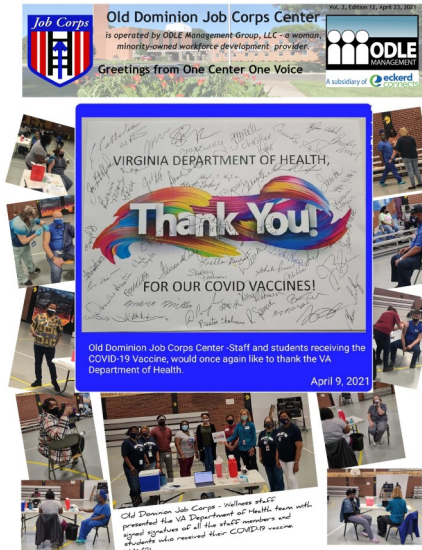
Another vaccine initiative is "Vaccination Buddy," which pairs staff and students who have not yet received the vaccine. They can partner together to get vaccinated and then are entered in a special raffle in July. Nurse Tiana, CNA Instructor, and Keith Johnson, CNA student, both had been hesitant prior to this, but they came together to support one another.



COVID-19 Vaccinations/Vaccine Clinics

Old Dominion JCC

Submitted by: Lisa S. Odle, President, Odle Management Group, LLC



Roswell JCC

Submitted by: Mary Erard RN, Health & Wellness Director

The Wellness Center worked closely with the New Mexico Department of Health to host an event on campus, which provided Covid-19 vaccinations to our students and staff. All staff and students were excited for this opportunity to get vaccinated in order to help protect themselves, their peers, and their families. The visit was seamless thanks to great coordination by the Wellness Department. It is a great example of the partnerships and resources the Roswell JCC has to offer for both our staff and students.



Turner JCC

Submitted by: Gary Strokosch, MD, Regional Medical Specialist

The Turner JCC made the news for their "I Got Mine, You Gotta Get Yours Challenge" between students and staff. The center received assistance from their community partner, Albany Area Primary Health Care, in delivering vaccinations. The full Albany Herald article, Turner [Job Corps Students, Staff Engage in Vaccination Challenge](#), is available online.



COVID-19 Vaccinations/Vaccine Clinics

Mobile Vaccine Clinic — Westover JCC

Submitted by: Jen Hansen, Center Director

The Westover JCC organized a mobile vaccine clinic and obtained the Pfizer vaccine for students. The center was able to vaccinate 40 students!



Student and Staff Social and the Vaccination Clinic — Wind River JCC

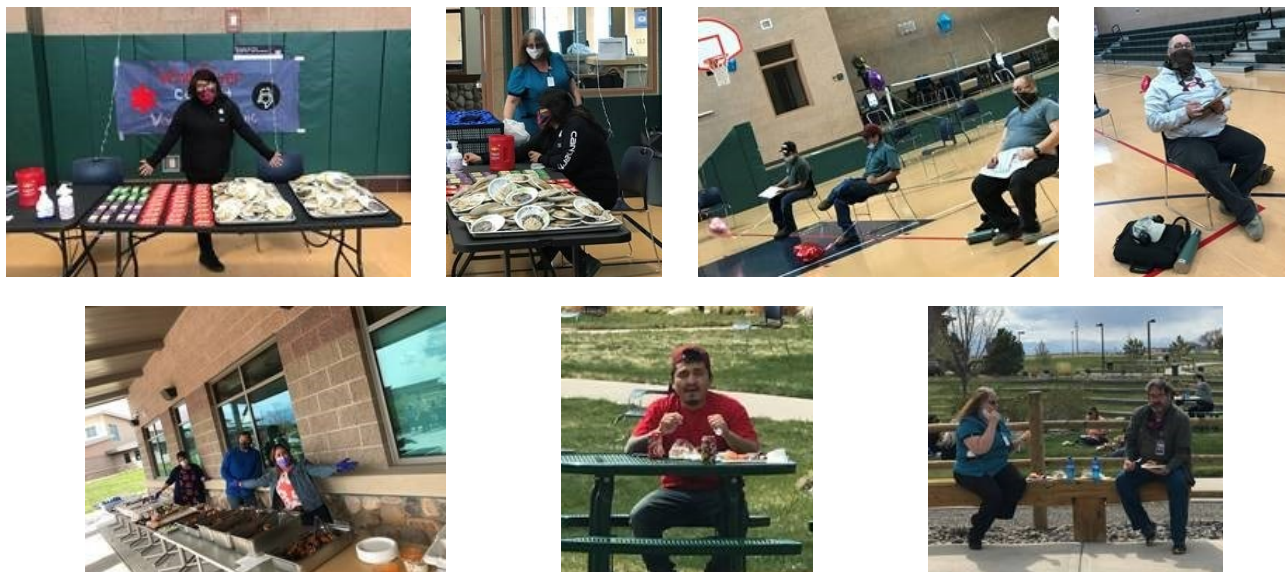
Submitted by: Jeff Stone, Center Mental Health Consultant

Wind River JCC put together a Student and Staff Social and Vaccination Clinic. It was a team effort coordinating the event, with a special thank you to the following:

- Smith's Grocery for all of the ribs, wings, tenders and chicken...it was yummy!
- Center cafeteria staff
- Tawnya, Patty, and Fletcher for acting as our servers
- Facility and Maintenance staff for setting up all of the tables, chairs and trash cans
- Flag football gentlemen who put up the tables
- Mark from security who helped pick up and transport all the food
- Angela and Jayden who helped deliver leftovers to the dorms



Thank you to all the students and staff who came out. What a turnout!!!



Center Happenings

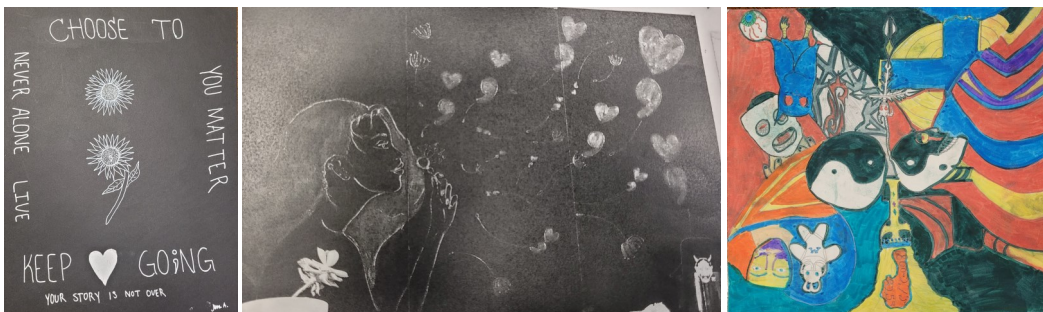
Mental Health Month — Albuquerque JCC

Submitted by: N. Phoenix Anderson, PhD, Center Mental Health Consultant

This year the Albuquerque JCC celebrated Mental Health Month with the following activities:

- Semicolon Poster Contest
- E-mail blast to students and staff with Mental Health America 10 Tools to a happier and healthier life
- Google Health Classroom activities
- SGA's Mental Health Awareness Activity: Making stress balls!
- Break the Stigma Health Walk on May 29th

A big thank you to everyone who supported all of the activities, with special shout-outs to students Candice N. and James V. for starting the month with Green Ribbon Week; SGA and Ms. Buffaloe for Stress Balls activity; Mr. Adams and Mr. Fox for posting the 10 Tools to a happier, healthier life around the center; Ms. Scott for helping with mental health gifts for students and the Semi-Colon Poster Contest; Mr. Al John and the Recreational staff for helping with the flyers, pictures, and the Walk; and Ms. Rashanna for the resources.



Semicolon Poster Contest — Winners: Jose, Corina and Nicholas

Center Happenings

National Drug & Alcohol Facts Week — Angell JCC

Submitted by: Andrea Summerlin, TEAP Specialist

Students at both Angell and Wolf Creek JCCs celebrated National Drug and Alcohol Facts Week during March 22-28, 2021. Some of the activities students participated in were the 2021 National Drug & Alcohol IQ challenge, an educational scavenger hunt, a discussion about celebrities who died from drug or alcohol use/abuse, and a socially distance tabling event. Students were provided with drug and alcohol prevention pens, keychains, stickers, stress balls, bookmarks, playing cards (with recovery sayings), and inspirational wrist bands.

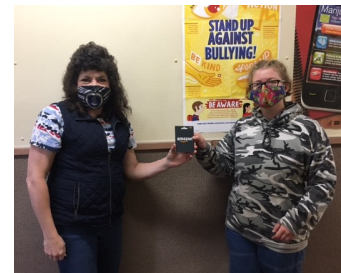
Materials and resources were provided in virtual classrooms from groups such as NaturalHigh, Friday Night Live, SMART Recovery, Alcoholics and Narcotics Anonymous, National Institute on Drug Abuse, and Mothers Against Drunk Driving. Two students, Austin Franklin and Cynthia Hurley, randomly won \$25 Amazon gift cards for participating in the week-long event.

National Drug and Alcohol Facts Week (NDAFW) is an annual, 1-week health observance that inspires dialogue about the science of drug use and addiction among youth. It provides an opportunity to bring together scientists, students, educators, healthcare providers, and community partners to help advance the science, so that we can improve the prevention and awareness of substance misuse in our own communities and nationwide.

The event was launched in 2010 by scientists at the National Institute on Drug Abuse (NIDA) to encourage educational events in communities so teens can learn what science has taught us about drug use and addiction. The National Institute on Alcohol Abuse and Alcoholism became a partner in 2016, and alcohol has been added as a topic area for the week.



Andrea Summerlin with Austin Franklin, Wolf Creek JCC



Andrea Summerlin with Cynthia Hurley, Angell JCC

Center Newsletter — Cascades JCC

Submitted by: Susan Larson, Adams & Associates, Inc.

The Cascades Connection (June 4, 2021 issue) spotlighted the following:

- Cascades Staff and Students Combating COVID
- Workforce and Industry Council
- TABE Gains
- EWS Calendar
- REC Calendar
- Virtual Info Sessions
- Adams Family Fables

The image shows the cover of the "CASCADDES CONNECTION" newsletter, Volume 3, Issue 78, dated June 4, 2021. The cover features the Cascades Job Corps logo at the top right. The main title "CASCADDES CONNECTION" is in large blue letters. Below the title, it says "Volume 3, Issue 78 • June 4, 2021". The cover is divided into several sections: "CASCADDES JOB CORPS HIGHLIGHTS" with a sub-section "Cascades Staff and Students Combating COVID" and a short article snippet; "Issue Contents" listing various items like "Vacination Clinic", "IT Workforce Council", "TABE Gains", "EWS Calendar", "REC Calendar", "Virtual Info Sessions", and "Adams Family Fables"; and a "CASCADDES ACADEMY REC" section with a logo and a list of activities and times: "Recreation Center and Student Union Hours" (Sunday through Thursday 4pm to 9:30pm, Friday and Saturday 7pm to 11:30pm), "Student Store Hours" (Tuesday through Friday 11AM-6PM), and "Saturday" (1:30PM-10:30PM). At the bottom, there is contact information for Cascades Job Corps: "cascades.jobcorps.gov" and "360-864-3400".

Center Happenings

National Drug & Alcohol Facts Week — David L. Carrasco JCC

Submitted by: Guadalupe Gonzalez, TEAP Specialist

David L. Carrasco JCC celebrated National Drug and Alcohol Facts Week with the center following CDC Guidelines for indoor gatherings and face masks were worn by all staff and students who attended the event.



Stress Awareness Month — Earle C. Clements JCC

Submitted by: Cassy Chandler, LCSW, Center Mental Health Consultant

In April for Stress Awareness Month, Cassy Chandler, CMHC, along with Wellness staff and HEALS created a 30-Day Step Challenge for staff and students.

Participants were given a free stress test, “30-Day Challenge: Hints, Tips, & Tricks” guide and a challenge calendar. For those who did not have a smart phone/device, the Wellness center provided free pedometers. At the end of the month, participants submitted their calendars, and prizes were awarded!

STRESS AWARENESS MONTH

April is Stress Awareness Month. Your Center Mental Health Consultants along with Wellness Staff & HEALS would like for you to join a **30 DAY CHALLENGE**

Follow these steps for chance to WIN:

1. Take the free individual stress test, and review your results (this information is only for you).
<https://www.stress.org.uk/individual-stress-test/>
2. Review the pdf, “30 Day Challenge: Hints, Tips, & Tricks”
<https://www.stress.org.uk/wp-content/uploads/2020/02/30-Day-Challenge-Hints-Links-and-Tips-Physical-Mental-Emotional-1.pdf>
3. Print the April 30 day challenge calendar. Be sure to initial every day after you have completed your Physical, Mental, and Emotional wellbeing items.
<https://www.stress.org.uk/wp-content/uploads/2021/02/Feb-Mar-Apr-Calendar-2021.pdf>
4. At the end of the month, turn in your calendar. You can simply take a picture of it and email it to chandler.cassy@jobcorps.org or scan/email it



Center Happenings

Adopt-a-Plant Event — Exeter JCC

Submitted by: Heidi E. Stafford, RN, Health & Wellness Director/Disability Co-Coordinator

On March 26th, Ms. Celine, CMHC, and the wellness department hosted an “Adopt a Plant” event on center. A small tent was set up outside, and small plants were available for purchase. The plant inventory included cactus, aloe, succulents, and small potted palm trees. In addition to their purchase, students were given a plant basic care brochure and a “Plant Adoption Certificate.”

It has been proven that caring for a plant can relieve stress and anxiety, increase attention and concentration, boost self-esteem, and increase overall mood — interacting with nature is essential to maintaining a sense of well-being!

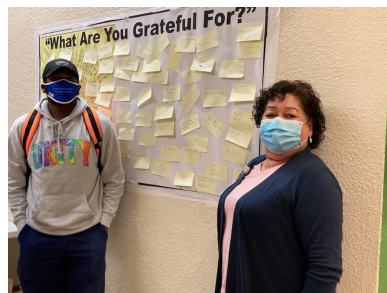
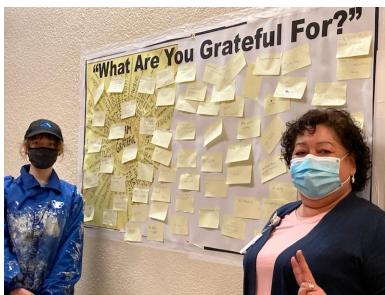
For more information on how plant therapy can benefit your center and students, see TalkSpace’s [What Even Is Plant Therapy?](#)



Mental Health Awareness Month — Gary JCC

Submitted by: Martina Cisneros, MSW, LCSW, Center Mental Health Consultant

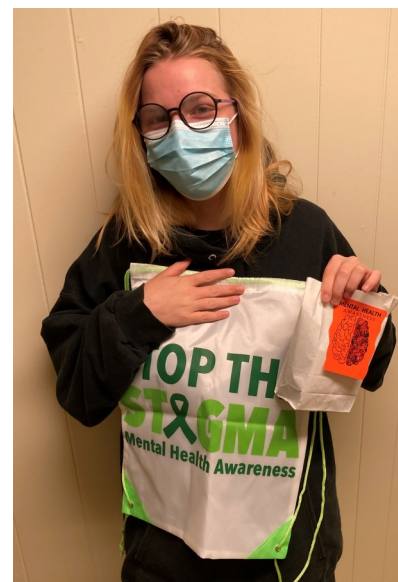
Mental Health Awareness Month was celebrated on May 19, 2021. Martina Cisneros, CMHC, engaged students as well as staff in a “Gratitude Wall.” Everyone was encouraged to write one thing they were grateful for and post it on the Gratitude Banner. Tokens of appreciation were distributed to participants. In all, 122 students and staff participated. Ms. Cisneros is compiling a “Gratitude Booklet” with sentiments from the day. All in all it was a great success!



Stop the Stigma — Gary JCC

Submitted by: Hildy Dinkins, Center Mental Health Consultant

For this year’s Mental Health Awareness Month, the Gary JCC organized a *Feelings Bingo* activity and provided students with a “*Stop The Stigma*” drawstring goodie bag. The picture below shows student Samantha with her bag.



Center Happenings

Sexual Assault Awareness Month — Keystone JCC

Submitted by: Kelly King, Center Director

During Sexual Assault Awareness Month in April, Camille Zions, LCSW, CMHC, provided information and resources to help educate and support students and staff. A great resource that was provided to students is [RAINN — the Rape, Abuse, and Incest National Network](#) and a [Not Alone](#) video that provides a brief information about RAINN.

Sexual assault statistics:

- Every two minutes, another American is sexually assaulted.
- Women ages 18 to 24 are five times more likely than any other group to be sexually assaulted.
- About 18% of women and 3% of men have experienced an attempted or completed rape.
- Victims of sexual assault are 3 times more likely to suffer from depression, 6 times more likely to suffer from post-traumatic stress disorder, 13 times more likely to abuse alcohol, 26 times more likely to abuse drugs, and 4 times more likely to contemplate suicide.
- The majority of victims know their perpetrator personally. About 75% of rapes are committed by someone known to the victim.

RAINN
Rape, Abuse & Incest National Network

RAINN is the nation's largest anti-sexual violence organization and the leading authority on sexual violence. We are a dynamic organization focused on victim services, public education, public policy, and consulting services. Our team develops and operates best-in-class services for survivors, informs and educates the nation about sexual violence, and improves the public policy and criminal justice response to these crimes.

Victim Services
RAINN created and operates the National Sexual Assault Hotline, available 24/7 in English (1-800-656-HOPE) and Spanish (1-800-795-HELP). RAINN also provides crisis counseling, referrals to local resources, and advocacy services. RAINN also provides support and information to law enforcement, healthcare providers, and other professionals who work with survivors.

Public Education
RAINN educates the public about sexual violence and works with national media and the entertainment industry to create sexual violence stories and reach millions of households across the country. Our website, social media, and other platforms connect people to support and help in their time of need. Through an annual online program, a national speakers bureau of more than 3,000 survivors, and other community activities, RAINN works to mobilize the public to play a role in prevention and recovery.

Public Policy
RAINN works at the federal and state levels to improve the criminal justice system, promote sexual assault, and ensure justice for survivors. We develop and promote public policy changes that make communities safer and support survivors. We also lead the national effort to end the rape kit backlog and reform state policies on forcible rape.

Consulting Services
RAINN works with clients across public, private, and non-profit sectors to develop targeted, effective sexual assault education and response programs. To do this, we offer a variety of specialized consulting services to meet each organization's unique needs, including hotline services, program assessments, and education and training.

RAINN has helped more than **3 million** people since 1994.

National Sexual Assault Hotline 1-800-656-HOPE | rainn.org
2021 | 2020 | 2019 | 2018 | 2017 | 2016 | 2015 | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 | 2008 | 2007 | 2006 | 2005 | 2004 | 2003 | 2002 | 2001 | 2000 | 1999 | 1998 | 1997 | 1996 | 1995 | 1994

Throughout the month, additional information and resources were available from the Wellness staff and through the Wellness Google classroom.

Sexual Assault Awareness Month — Keystone and Red Rock JCCs

Submitted by: Kelly King, Center Director

During Sexual Assault Awareness Month, the centers have been raising awareness with students and staff. One of our partners, PA Coalition Against Rape (PCAR) has provided training to our staff, along with our SART team. Students have received weekly information from our CMHC and Wellness Directors on community resources and support programs for victims. The Security Manager provided information that was shared and discussed in our Google classrooms on what is “Consent” in Pennsylvania, definition of assault/harassment, and what are the consequences.



The centers participated in National Denim Day on April 29th, with all proceeds provided to each campus’s local Victim Services Agency. A video “NO MORE” is provided to students, with staff from both campuses providing a message of “NO MORE.”

Kitrell Newsletter — Kitrell JCC

Submitted by: Susan Larson, Adams & Associates, Inc.

The Bulldog Chatter spotlighted the following:

- Dr. Guthrie (Center Physician) and Vaccination Station
- Bulldog Café Upgrade
- Bittersweet Farewell — Chef Frankie Banks
- Student Success Story
- Career Corner
- Adams Family Fables

BULLDOG CHATTER

THANK YOU DR. GUTHRIE, MD

Thanks to Dr. S. Guthrie, MD (pictured right), Kitrell Job Corps students may be able to breathe a little easier. Dr. Guthrie, MD is a board certified family physician in Oxford, with affiliation to the Granville Health System and Maria Parham Medical Center. Along with Wellness Manager, Sonya Wyche, Dr. Guthrie provided the first and second dose of vaccinations to the students at Kitrell. As of Thursday, May 13, 2021, Kitrell students who chose to be vaccinated received their 2nd dose qualifying them as fully vaccinated against the COVID-19 virus that brought the world to a stand-still in early 2020. Students are now protected from the dangerous virus that continues to cause health problems, economical issues and even worse, death. Although there are no guarantees, the students admitted to feeling more safe now that they have been vaccinated. Center Director, Norman Turner presented Dr. Guthrie the beautiful gift basket (pictured right), full with “Kitrell Swag” including an embroidered KJCC blanket, duffel bag, thermos, make-up bag and so much more. We are truly grateful for Dr. Guthrie and all that she has done for the students and staff here at the Kitrell Job Corps Center.

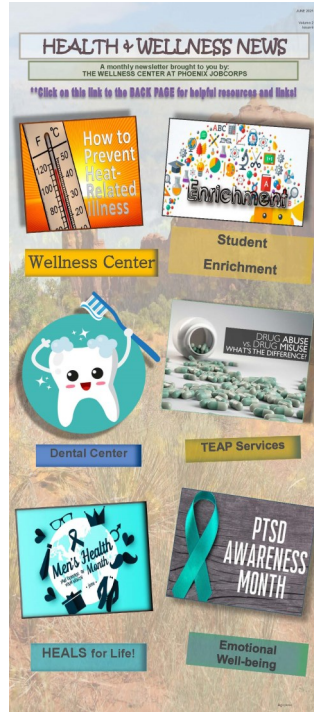
Center Happenings

Center Newsletter — Phoenix JCC

Submitted by: Nancy Dean, Health & Wellness Director

The Health & Wellness News Connection (June 2021 issue) spotlighted the following:

- How to Prevent Heat-Related Illness
- Dental Update
- Student Enrichment
- HEALS — Men's Health
- TEAP Services — Prescription Drug Misuse Myths vs. Facts
- Emotional Well-Being News — PTSD Awareness Month



Beach Volleyball — Pinellas County JCC

Submitted by: Cate Courtney, TEAP Specialist

The Pinellas County JCC has bi-monthly activities for students that are coordinated by various staff members. On April 23rd, the students participated in beach volleyball that was coordinated by Cate Courtney, TEAP Counselor, and Dr. Amanda Raitano, CMHC.

All volleyball pictures were taken by student photographer, Lilly Pate.

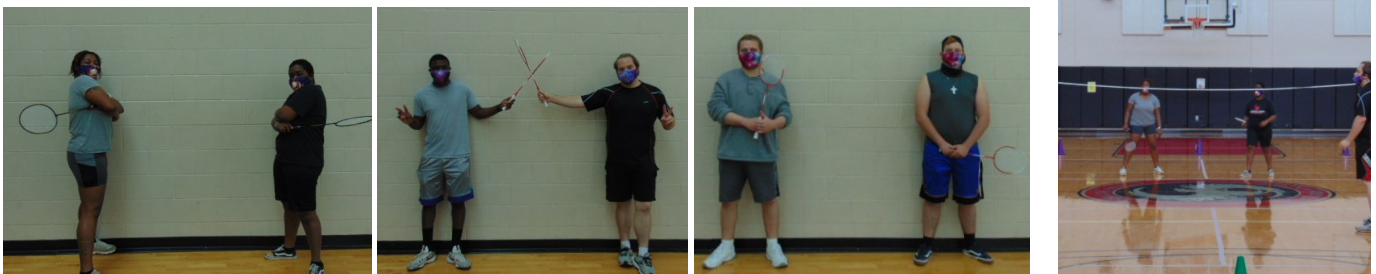


Badminton Tournament — Pinellas County JCC

Submitted by: Cate Courtney, TEAP Specialist

On April 25th, the students participated in a badminton tournament that was organized by Cate Courtney and Mary Prado, Disability Coordinator. Four teams competed in a single-elimination tournament. The students did an amazing job!

All badminton pictures were taken by student photographer, Lilly Pate.



Center Happenings

Steal the Bacon — Pinellas County JCC

Submitted by: Cate Courtney, TEAP Specialist

Dr. Amanda Raitano, CMHC, and Ms. Courtney organized a fun activity for students, “Steal the Bacon”.



Alcohol Awareness Month — Pinellas County JCC

The Pinellas County JCC organized an Impaired Vision Obstacle Course for Alcohol Awareness Month. The event was organized by Cate Courtney, TEAP Specialist, and Stacy Beaton, Center Standards & Incentives Manager.



In the News

[Durisan Announces a Voluntary Recall Expansion of its Antimicrobial Hand Sanitizer](#) — MedWatch—The FDA Safety Information and Adverse Event Reporting Program



[Diet, disease, and the microbiome](#) — Harvard Health Publishing, Harvard Medical School, Sue-Ellen Anderson-Haynes, MS, RDN, Contributor

2021 Health Observances

July

- [Healthy Vision Month](#)

August

- [National Immunization Awareness Month](#)
- [Summer Sun Safety Month](#)

September

- [National Recovery Month](#)
- [National Suicide Prevention Week](#)
September 5–11

Do you have a . . .

Topic idea or want to highlight your center activity. **The deadline for the Fall 2021 newsletter is September 10, 2021.** You can submit your suggestions to:

Julie Luht, MPH

Email: julie.luht@humanitas.com



Job Corps Webinars

Upcoming 2021 Webinars

- Marijuana Hot Topics — July 20 & 22



As new webinars are scheduled, they are announced in the *JCDC News* newsletter. [Click here to register for an upcoming webinar.](#)

Past Webinars

- COVID-19 FAQs & Update — Reducing risk for on-center outbreaks — January 19, 21, 27 & 29
- Applicant File Review for CMHCs — January 21
- Wear Your Darn Mask: Changing COVID Behavior — February 2 & 4
- Oral Care Beyond the Chair: Teledentistry STRATEGIES for Whole-person Care — February 10
- Developing COVID-19 Vaccine Confidence — March 3 & 4
- Orientation for CMHCs Part 1 — March 9
- Orientation for CMHCs Part 2 — March 10
- COVID-19 Contact Tracing in Job Corps — March 17 & 18
- School Disability Documents and AFR — March 30 & April 1
- New Uses for Formalized Assessment Measures for All TEAP Specialists — April 6 & 8
- Hot Topics in TEAP: Kratom, TUPP and Vaping — April 20 & 22
- COVID-19 Update — May 4 & 6
- Applicant File Review for CMHCs — June 9
- Let's Talk About the COVID-19 Vaccines — June 8 & 10
- Trauma Informed Care and TEAP — June 15 & 17
- HEALs Ingredients for a Successful Program — June 16

Webinars are available to [print/download](#) on the health and wellness website.